

HRG Community Resource Guide

www.HRGBergenCommunityNews.com

2023-Online



- Produce markets, Food pantries
- Funding sources.

JOIN US ON FACE BOOK

www.facebook.com/HRG.Resources.News/

OUR MAIN ONLINE NEWS PAPER:

www.HrgBergenCommunityNews.com

(w/ free resources link)

**Our Blog: Resources for
low income.**

**Where to get FREE Services:
Clothing, Food, Meals. Free
events in Bergen County!
Anyone in need!**

WWW.hrgmediaorg.wordpress.com

Call: 201-357-0828 Fax: 201-883-9366
All Resources can be found online
Editor@HrgBergenCommunityNews.com

#IfItsFreeIts4MeThisWeek

INFO INCLUDING HOMELESS INFORMATION AND 211 LINKS

Shelters are open, & 211 is always open! If you're homeless, seek shelter! Call the NJ Homeless Hotline: 211, or online, go to www.nj211.org. If you are homeless & you're in Bergen County, call 211, & you can call 201-336-6480/201-336-6475 for instructions how to reach Next Step. take-out lunch & dinner every day. Lunch, 11:30-12:15, and dinner 4:45-5:50. Do you know What **Code Red** IS? Simply NJ does not have it officially, but does have cooling centers! Dial 211 for details.

*For Bergen County Covid 19 Vaccination information, go to:

<https://www.newbridgehealth.org/covid-19-vaccine-information/>

Check our Resource blog! www.HrgMediaOrg.Wordpress.com

Check out local news: www.hrgbergencommunitynews.com

More important resources can be found at these websites:

New Jersey Homeless Hotline-www.NJ211.org COVID-19 NJ-HUB-<https://covid19.nj.gov>

New Jersey Department of Health-<http://nj.gov/health> CDC-<http://cdc.gov>

Resources by phone: DOH Hotline-24 hours for questions: **1-800-222-1222**, Bergen County Mental Health crisis-**201-262-HELP**.



"Breakfast with Benny" Has Resumed at Transition Professionals 269 Passaic St.

Hackensack NJ 9:45Am Sundays!



Bergen County Housing Health and Human Services Center



120 South River Street, Hackensack 201-336-6480/201-336-6475. The Center (Homeless Shelter) offers a wide variety of services. If you need services during Covid-19 dial 211. Or go to NJ211.org. Lunch & Dinner to-go. Call ahead as lunch days may change.

LUNCH- 11:30-12:15 MON-FRI Until Further notice, DINNERS ARE 4:45-5:50Pm 7 DAYS A WEEK

Check out listings of produce markets on the div. of seniors website:

<https://www.co.bergen.nj.us/outdoor-activities/farmers-markets>

FOOD PANTRIES (Note: some food pantries also have clothing*)

New Listings- you must call Pantries first and in some cases like CFA you can go on line

. Please call ahead for updated times and days for all pantries.  Center for Food

-locations nearest you: 201-569-1804 <https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>

-The Office of Concern Food Pantry at Saint Cecilia's Parish, Englewood, 201-568-1465.

Open to all Bergen County residents.

-Shiloh AME Zion Church, 129 William St. Call ahead to register: 201-289-1718.

Bergenfield

-St. John the Evangelist, 29 N Washington Ave. 201-384-0101.

Bogota

-Saint Joseph's Church, 115 E Fort Lee Rd. Call Kristina, 201-390-0867 verify address.

Carlstadt

-St Joseph's Church, 20 Hackensack St., East Rutherford. Monday, Wednesday, Friday, 10am to noon. Carlstadt proof of address required. 201-939-3441.

Cliffside Park

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

Closter

-Closter Borough Hall, ; 201-784-0600.*Church of the Holy Communion,201-768-0634.

Edgewater

-Holy Rosary Parish, 365 Undercliff Ave. Last Tuesday of the month, 11am to noon.
201-945-6329.

Elmwood Park

-St Leo's Parish Food Pantry, 324 Market St. Once a month. 201-796-3521.

Englewood

-Center for Food Action, 192 West Demarest Ave. 201-569-1804.

-Office of Concern Food Pantry at Saint Cecelia, 55 West Demarest Ave. 201.568.1465.

-Shiloh AME Zion Church, Third Thursday 9am to 5pm. Call to register: 201-289-1718.

Fairlawn

-Human Services government office. 201-794-5333.

-Saint Anne's Church, 15-05 Saint Anne St.

Fairview

-Check with town Department of Human Services.

Fort Lee

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

Garfield

-Calvary Baptist Church, third Saturday, 11-12. Call ahead: 973-773-2444.

-St. Joseph Catholic Church, 40 Spring St., Lodi. 973-779-0643.

Glen Rock

-Social Service Association of Ridgewood.

-Saint Catharine Church Food Pantry. 201-661-3651.

Hackensack

-Center for Food Action, 316 First St.

-Emmanuel Church*, 34 Van Wettering Pl. Free produce market, Monday, Wednesday, Friday & Saturday beginning at 11:30am. While supplies last

-First Baptist Church, 15 Conklin Pl. 201-487-1244. Emergency Food.

-The River Mission*-436 Union St. Sun,5:30pm; Tues 11:30am-1:30pm, Wed, 5:30pm.
(201) 677-2299.

-Buddies of NJ*, AIDS/HIV positive clients. 149 Hudson St. 201-489-2900.

-Mt. Olive Church, 260 Central Ave. 2nd and 4th Thursday, 10am-12pm, Friday, 11am.

-Holy Trinity Church, pantry, Pangborn/ mercy house. Every 2nd & 4th Saturday
8:30am-1:00pm first come first serve.

-Varick Memorial AME Zion Church, 120 Atlantic St. Mon, Wed, Sat 12-3:00, Call
Crystal: 347-364-7084 for more info.

Clothing: Transition Professionals 285 Passaic St Hackensack* (201) 883-9360

Hasbrouck Heights

-Borough Hall, 320 Boulevard. Contact first to qualify: 201-288-0195.

Hillsdale

-Helping Hands Food Pantry, Hillsdale United Methodist Church, 349 Hillsdale Ave.

Pantry is at the Church's Mon, 5:30-7:00pm, first Sat, 9:00-10:30am. 201-664-5231.

Ho-Ho-Kus

-St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.

-Social Service Association of Ridgewood.

Leonia

- Helping Hands Food Pantry, 818 Teaneck Rd. 201-837-1600 ext. 1825.
- St. John the Evangelist Church, 470 Broad Ave. 201-947-4545.
- United Methodist Church, 396 Broad Ave. 201-944-2970.

Little Ferry

- St. Margaret (serving Little Ferry and Moonachie), 31 Chamberlain Ave. 201-641-2988.

Lodi

- Calvary Baptist Church. 3rd Saturday, 11am-12. Call ahead: 973-773-2444.
- St. Joseph Catholic Church, 40 Spring St. 973-779-0643.

Lyndhurst

- Sacred Heart Church, 324 Ridge Rd. 201-438-1147.
- Saint Michael's, 624 Page Ave. 201-939-1161.
- Lyndhurst Municipal Annex, 253 Stuyvesant Ave. Tuesday through Thursday, 1 to 3:30 pm. For Lyndhurst residents who can show proof of hardship and proof of residency.

Mahwah

- Center for Food Action, 90 Ridge Rd. 201-529-2029.
- Christ Church, Suffern, NY. 845-357-1615.
- Ramapo Reformed Church*. Contact first: 201-529-3075.

Moonachie

- CUMAC Paterson-emergency basis only.

New Milford

- Ascension Church; 256 Azalea Dr. 201-836-8961.

North Arlington

- Queen of Peace Church, 10 Franklin Pl. 201-997-0700.

Northvale

- St Anthony's RC Church, 199 Walnut St. Call ahead: 201-768-1177.

Norwood

- Church of the Holy Communion, 66 Summit St. 201-768-0634. (Also Harrington Park) - Hillsdale United Methodist Church, 349 Hillsdale Ave. Call ahead:201-664-5231.

Oakland

- Our Lady of Perpetual Help Church, 25 Purdue Ave. 201-337-7596.
- Ponds Reformed Church, 341 Ramapo Valley Rd. 201-337-6744.

Paramus

- St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.
- Social Service Assoc. Ridgewood- Call 1'st:201-265-2100, ext. 6100.

Park Ridge

- Tri-Boro Food Pantry, Pascack Reformed Church, 65 Pascack Rd. Drive to church parking lot behind the building. Tuesdays and Thursdays, 9 to 11am. 201-573-9083.

Ridgefield Park

- Saint Joseph's Church, 115 E Fort Lee Rd. 201-342-6300. 201-390-0867 verify address.
- St. Francis Food for Friends, 114 Mt. Vernon St. 201-641-6464.

Ridgewood

- Social Service Association of Ridgewood & Vicinity. 201-444-2980.
- St. Luke's Church. (201) 444-0272.

River Edge

- St. Peter the Apostle Church, 445 Fifth Ave. Call ahead for appointment:

(201) 261-3366.

Rochelle Park

-Sacred Heart Church, Helping Hands Ministry. Call for emergency basis only: 201-843-8812.

-Rochelle Park Welfare office 201-581-7730.

Rockleigh

-Church of the Holy Communion, 66 Summit St., Norwood. Call ahead: 201-768-0634.

Rutherford

-Rutherford Community Food Pantry, 176 Park Ave. 201-460-3628.

Saddle Brook

-St. Philip the Apostle Church. Call ahead: 201-843-1888.

-First Reformed Church of Saddle Brook, Ackerman Ave. 201-843-6672. -Center for Food Action, 224 Midland Ave. 201-703-9857.

South Hackensack

-North Jersey Vineyard Church. Call ahead: 201-440-2909.

Teaneck

-Faith and Hope Food Pantry, 480 Warwick Ave. 201-833-4501.

-Assembly of God, 185 West Englewood Ave. Call ahead: 201-837-9300.

Teterboro

-North Jersey Vineyard Church, So. Hackensack. Call ahead: 201-440-2909.

Waldwick

-Social Service Association of Ridgewood & Vicinity. 201-444-2980.

-St. Luke's Church. Call ahead: 201-444-0272.

Wallington

-N.J. Food & Rescue (Wallington & area). Call for a pick up appointment: 201-218-1707

Woodcliff Lake

-Helping Hands Food Pantry, United Methodist Church. 201-664-5231.

Woodridge

-Assumption Church, 143 First St. 201-438-5555.

Wyckoff

-Wyckoff Reformed Church, 580 Wyckoff Ave. 201-891-1782.

Westwood

-St. Andrew's Church, 120 Washington Ave. (and neighboring residents.) 201-666-1100.

FOOD PANTRIES/RESOURCES FOR PETS

-Claws Adopt-63 No. Washington Ave, Bergenfield, (201)768-0200

<http://www.clawsadopt.org> -Bergen County Animal Shelter-, Teterboro, NJ 201-229-4600.

BABY PANTRIES

LIGHTHOUSE-809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876 , **BABY BASICS**-PARAMUS MON-FRI (201)

Bergen County Division of Veterans Services: (201) 336-6325. <http://www.co.bergen.nj.us/veterans>

****Bergen County Homeless prevention hotline** 211 / 201-336-6490.

(201) 646-0333 various resources for counselors, therapists, doctors, etc. <http://www.cbhcare.com/>

Bergen County Board of Social Services *open only by phone*- 201-368-4200. Services; ebt, tanf ie.

Government sponsored **free phones**-Lifeline Assistance, low income cell phone <http://www.assurancewireless.com/>

<http://www.discoverlifeline.com/reachout-wireless/> https://www.safelinkwireless.com/Safelink/enroll_lifeline

Homeless Shelters and Halfway Houses:

Center For Hope and Safety (Shelter Our Sisters): Emergency Shelter Program 201-498-9247, or 201-944-9600. Safe and confidential housing 24/7

Homeless and Pregnant Teens: Conklin Shelter Teterboro 201-336-3953

- **PHASES** (BCCAP) 201-489-6586 in Hackensack, **Covenant House** 800-999-9999
- **Ramsey hotline** 800-662-2678, 888-323-7436

Family Shelter: Call Social Services 201-368-4200 or dial 211 to see if you qualify **Eva's Village (Main Facility)** Paterson 973-523-6220 973-247-0143. **Eva's Women's Shelter** Jackson Street Paterson, NJ 973-279-1004 **Eva's Hope Residence for Mothers and Children Women's Shelter** 25 Jackson Street Paterson 973-742-2302 **Family**

promise of Passaic County

Good Shepherd Mission Shelter, 336 Broadway, Paterson, 973-742-9244

Teen Challenge – Substance Use Program – Contact; Emmanuel at 34 Van Wattering Place, Hackensack 201-487-8220 ecchackensack@gmail.com

Are you looking for Recovery programs? **Emmanuel Christian Church** in Hackensack is the intake site for Teen Challenge, (18 and over) / Walter Hoving Home for women. If you need detox, **Access Center**: 800-730-2762. Available 24/7 Paramus NJ

We have a great Board of Chosen Freeholders- <https://www.co.bergen.nj.us/county-officials/freeholders> Phone: 201-336-6526 • Fax:201-336-6290 Zoom meetings: <https://cobergennj.legistar.com/Calendar.aspx> For Recovery, Addiction Services, and Detox at

New Bridge Medical Center, call 800-730-2762

<https://www.newbridgehealth.org/addiction-treatment/>

If you are homeless, or at risk of becoming homeless dial 211. NEED NEXT STEP SERVICES? To screen for assistance, leave msg. @ 201-336-6480 w/ phone & email (if available). They'll reach out to you. 201-336-6475 Fax: 201-488-9298.

IS YOUR TOWN STIGMA FREE??

201-634-2745. BC Dept of MH. MH law project, Phone: 201-634-2762

**Don't forget Bergen County's re-entry Service-
Transition Professionals- 269 Passaic St,
Hackensack (201) 883-9360**

<https://www.transitionprofessionals.org/>



**Updated SCHEDULE FOR "The Center's" Community lunch
and dinners: LUNCH- 11:30-12:15 MON-FRI Until Further
notice, DINNERS ARE 4:45Pm-5:50Pm 7 DAYS A WEEK 120
So. River St. Hackensack NJ 201-336-6475**

"The Center Phone #: 201-336-6480/201-336-6475

<https://www.nj211.org/coronavirus-covid-19>

***Basic eviction prevention: dial 211, Foreclosures (dial 211):**

<https://www.state.nj.us/dobi/covid/mortgagerelief.html>

Utility assistance is also still available:

[https://www.nj.gov/dca/divisions/dhcr/offices/agencydire
ctorylist.html#2](https://www.nj.gov/dca/divisions/dhcr/offices/agencydirectorylist.html#2)

Did you know?:



NORTH HUDSON
COMMUNITY ACTION CORPORATION

**NOW OFFERING
DENTAL SERVICES
FOR ADULTS AND CHILDREN**

**SCHEDULE YOUR
APPOINTMENT TODAY!**

**LET US HELP YOU SMILE
BRIGHTER THAN EVER**

Call
201-210-0200

Dental Services

General Dentistry

Hours of Operation

Monday 8:30am-5:00pm

Tuesday 8:30am-5:00pm

**Wednesday 8:30am-
5:00pm**

**Thursday 10:30am-
7:00pm**

Friday 8:30am-5:00pm

Visit our website

www.nhcac.org

**NORTH HUDSON
COMMUNITY ACTION
CORPORATION**

NHCAC @ ENGLEWOOD

197 South Van Brunt Street
Englewood, New Jersey
07631

Recap on funding sources

Bergen County Back rent-

855-203-6952 or Greater Bergen Community Action at 201-464-8970

NJ-DCA -(CVERAP) Phase II-Call Center at 609-490-4550

FEMA- New Jersey Remnants Of Hurricane Ida4614-DR-NJ-
1-800-621-3362

BCBSS Rochelle Park first month rent, security deposit & EA-
201-368-4200

CFA (Several locations in Bergen) 1'st mo. Rent Security deposit-
(201) 569-1804

COVID-19 and Residential Mortgage ReliefNJHFMA-1-800-NJ-
HOUSE (609) 292-7272 or 1-800-446-7467.

Bergen County ESG- Emergency Solutions Grant (ESG)-
Phone: (201) 336-7225

PLEASE NOTE; Any program, organization, funding source or event may cancel, change or close at any time without notice, so please contact each agency directly for info.

Other websites of interest and information; for NJ 211: (dial 211 for most NJ resources) (NJ- 211 is also the NJ homeless hotline)

Most NJ info Organization NJ211-
<https://www.nj211.org/>

The Center Hackensack-
<https://www.co.bergen.nj.us/housing-health-and-human-services-center/about-housing-health-human-services-center>

Hackensack Salvation Army-
<https://easternusa.salvationarmy.org/new-jersey/hackensack/>

Hrg News & Resources-
<https://www.facebook.com/HRG.Resources.News>

The River Mission-
<https://www.facebook.com/CaringNow/>

Utility (phone assistance)-
<https://apply.njsharesgreen.org/login?returnUrl=%2F>

Transition Professionals Hackensack (Re-entry Services)-
<https://www.transitionprofessionals.org/>

Legal Services: Mental Health Law Project Bergen County- One Bergen Admin. 4'th floor (201) 634-2760. They can help with Eviction prevention as well as Disability claims ie. **Northeast New Jersey Legal Services**- NNJLS 190 Moore St #100, Hackensack, NJ 07601 Phone: (201) 487-2166

**Here are some important Mental Health (MH) #'s/Services:
NJ Hope Line (suicide prevention) 855-654-6735**

ReachNJ 844-732-2465

IME Addictions Access Center 844-276-2777

NJ Connect for Recovery 855-652-3737

The Peer Recovery Warmline 877-292-5588

National Suicide Hotline IS NOW: 988

NJ Mental Health Cares 866-202-HELP(4357)

TTY: 1-877-294-4356

E-mail: help@njmentalhealthcares.org

Council on Compulsive Gambling of NJ 800-GAMBLER (426-2537)

Veterans Counseling Hotline 866-VETS-NJ4 (838-7654)

NJ's Cop2Cop- 866-Cop-2-Cop

NJ's "Teen & Adult"/ Teen Challenge- (973) 374-2206

**There are many more resources available as well on our HRG
Resources WordPress site online as well (links below)**

HRG Bergen Resource Blog site:
www.hrgmediaorg.wordpress.com

Please join us and "LIKE" us on Facebook



[CLICK HERE to go to HRG Media YouTube channel!](#)

Please join us on Facebook:

<https://www.facebook.com/HRG.Resources.News/>

Thank you in advanced for reading:

WWW.HrgBergenCommunityNews.com

comments, concerns or questions please feel free to call: 201-357-0828. Fax-201-883-9366. Email @ Editor@HrgBergenCommunityNews.com

If you need the Bergen County Rx discount card & Pet med card:

 <p>NEW JERSEY DRUG CARD www.newjerseydrugcard.com</p> <p>Name: _____</p> <p>Member ID: 10-Digit Phone Number OR Initials & Last 4 Digits of Phone Number</p> <p>RxGRP: NJRX RxBIN: 610709 RxPCN: 7777</p> <p>Program Powered By:  restat</p> <p> Prescription Drug Card</p>	<p>Compliments of:</p>  <p>James J. Tedesco III County Executive 201-336-7400</p>	 <p>Rx Pet Discount Card</p> <p>Name: _____</p> <p>Member ID: 10-Digit Phone Number OR Initials & Last 4 Digits of Phone Number</p> <p>RxGRP: NJRX RxBIN: 610709 RxPCN: 7777</p> <p>Program: UNA Rx Card</p> <p>Powered by:  restat</p>  <p>SAVINGS HOTLINE: If you didn't save money on your Rx, call (TOLL-FREE) 800-248-1062</p>
<p><small>NOTE: This card is being provided to you at NO COST. There are no forms to fill out. Simply take this card into a participating pharmacy with your Rx to qualify for discounts on medications. You also have access to other value added programs listed on back. Each family member must have his/her own card. This card has been pre-activated for immediate use! To obtain information and to print additional cards visit www.co.bergen.nj.us.</small></p>	<p>Customer Service: 877-321-6755 Pharmacy Helpline: 800-248-1062 This program is not insurance. This is a point-of-sale discount plan.</p>	<p><small>NOTE: This card is being provided to you at NO COST. There are no forms to fill out. Simply take this card into a participating pharmacy with your Rx to qualify for discounts on medications. You also have access to other value added programs listed on back. Each family member must have his/her own card. This card has been pre-activated for immediate use! To obtain information and to print additional cards visit www.co.bergen.nj.us.</small></p>