

# HRG Community Resource Guide

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2021-online



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- Updated Center info

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OUR MAIN ONLINE NEWS PAPER:

[www.HrgBergenCommunityNews.com](http://www.HrgBergenCommunityNews.com)

(w/ free resources link)

*Our Blog: Resources for  
low income.*

**Where to get FREE Services:**  
Clothing, Food, Meals.  
**Free events in Bergen County!**  
Anyone in need!

[WWW.hrgmediaorg.wordpress.com](http://WWW.hrgmediaorg.wordpress.com)

Call: 201-357-0828 Fax: 201-883-9366

All Resources can be found online

[Editor@HrgBergenCommunityNews.com](mailto:Editor@HrgBergenCommunityNews.com)

#IfItsFreeIts4MeThisWeek

## COVID-19 INFO INCLUDING HOMELESS INFORMATION AND 211 LINKS

**During NJ's COVID-19 Executive Orders, some services may be online & by phone. Shelters are open, & 211 is always open!** If you're homeless, seek shelter! Call The NJ Homeless Hotline: 211, or online, go to [www.nj211.org](http://www.nj211.org). If you are homeless & your in Bergen County, call 211, & you can call 201-336-6475 for instructions how to reach Next Step. take-out lunch & dinner every day. Lunch, 11:30-12:15, and dinner 4:45-5:50.

Check our Resource blog! [www.HrgMediaOrg.Wordpress.com](http://www.HrgMediaOrg.Wordpress.com)

Check out local news: [www.hrgbergencommunitynews.com](http://www.hrgbergencommunitynews.com)

More important resources can be found at these websites:

New Jersey Homeless Hotline-[www.NJ211.org](http://www.NJ211.org). COVID-19 NJ-HUB-<https://covid19.nj.gov>

New Jersey Department of Health-<http://nj.gov/health> CDC-<http://cdc.gov>

Resources by phone: DOH Hotline-24 hours for questions: **1-800-222-1222**, Bergen County Mental Health crisis-**201-262-HELP**.



"Breakfast with Benny" Has Resumed at Transition Professionals



### Bergen County Housing Health and Human Services Center




120 South River Street, Hackensack 201-336-6475.

The Center (Homeless Shelter) offers a wide variety of services. If you need services during Covid-19 dial 211. Or go to NJ211.org. Lunch & Dinner to-go. Call ahead as lunch days may change. LUNCH- 11:30-12:15 MON-FRI Until Further notice, DINNERS ARE 4:45-5:50pm 7 DAYS A WEEK

### FOOD PANTRIES

**New Listings-** *you must call Pantries first and in some cases like CFA you can go on line*

*. Please call ahead for updated times and days for all pantries.*  Center for Food  
-locations nearest you: 201-569-1804 <https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>

-The Office of Concern Food Pantry at Saint Cecilia's Parish, Englewood, 201-568-1465. Open to all Bergen County residents.

-Shiloh AME Zion Church, 129 William St. Call ahead to register: 201-289-1718.

#### **Bergenfield**

-St. John the Evangelist, 29 N Washington Ave. 201-384-0101.

#### **Bogota**

-Saint Joseph's Church, 115 E Fort Lee Rd. Call Kristina, 201-390-0867 verify address.

#### **Carlstadt**

-St Joseph's Church, 20 Hackensack St., East Rutherford. Monday, Wednesday, Friday, 10am to noon. Carlstadt proof of address required. 201-939-3441.

#### **Cliffside Park**

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

**Closter**

-Closter Borough Hall, ; 201-784-0600.\*Church of the Holy Communion,201-768-0634.

**Edgewater**

-Holy Rosary Parish, 365 Undercliff Ave. Last Tuesday of the month, 11am to noon.  
201-945-6329.

**Elmwood Park**

-St Leo's Parish Food Pantry, 324 Market St. Once a month. 201-796-3521.

**Englewood**

-Center for Food Action, 192 West Demarest Ave. 201-569-1804.  
-Office of Concern Food Pantry at Saint Cecelia, 55 West Demarest Ave. 201.568.1465.  
-Shiloh AME Zion Church, Third Thursday9am to 5pm. Call to register: 201-289-1718.

**Fairlawn**

-Human Services government office. 201-794-5333.  
-Saint Anne's Church, 15-05 Saint Anne St.

**Fairview**

-Check with town Department of Human Services.

**Fort Lee**

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

**Garfield**

-Calvary Baptist Church, third Saturday, 11-12. Call ahead: 973-773-2444.  
-St. Joseph Catholic Church, 40 Spring St., Lodi. 973-779-0643.

**Glen Rock**

-Social Service Association of Ridgewood.  
-Saint Catharine Church Food Pantry. 201-661-3651.

**Hackensack**

-Center for Food Action, 316 First St.  
-Emmanuel Church, 34 Van Wettering Pl. Free produce market, Monday, Wednesday,  
Friday & Saturday beginning at 11:30am. While supplies last  
-First Baptist Church, 15 Conklin Pl. 201-487-1244. Emergency Food.  
-The River Mission-436 Union St. Sun,5:30pm; Tues 11:30am-1:30pm, Wed, 5:30pm.  
(201) 677-2299.  
-Buddies of NJ, AIDS/HIV positive clients. 149 Hudson St. 201-489-2900.  
-Mt. Olive Church, 260 Central Ave. 2nd and 4th Thursday, 10am-12pm, Friday, 11am.  
-Holy Trinity Church, pantry, 17 Clinton Pl. Every 2<sup>nd</sup> & 4<sup>th</sup> Saturday 8:30am-1:00pm  
first come first serve.  
-Trinity Church, 218 Passaic St. Tuesdays, 1:30. First come first served.  
-Varick Memorial AME Zion Church, 120 Atlantic St. Mon, Wed, Sat 12-3:00, Call  
Crystal: 347-364-7084 for more info.

**Hasbrouck Heights**

-Borough Hall, 320 Boulevard. Contact first to qualify: 201-288-0195.

**Hillsdale**

-Helping Hands Food Pantry, Hillsdale United Methodist Church, 349 Hillsdale Ave.  
Pantry is at the Church's Mon, 5:30-7:00pm, first Sat, 9:00-10:30am. 201-664-5231.

**Ho-Ho-Kus**

-St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.  
-Social Service Association of Ridgewood.

**Leonia**

-Helping Hands Food Pantry, 818 Teaneck Rd. 201-837-1600 ext. 1825.

-St. John the Evangelist Church, 470 Broad Ave. 201-947-4545.

-United Methodist Church, 396 Broad Ave. 201-944-2970.

### **Little Ferry**

-St. Margaret (serving Little Ferry and Moonachie), 31 Chamberlain Ave. 201-641-2988.

### **Lodi**

-Calvary Baptist Church. 3rd Saturday, 11am-12. Call ahead: 973-773-2444.

-St. Joseph Catholic Church, 40 Spring St. 973-779-0643.

### **Lyndhurst**

-Sacred Heart Church, 324 Ridge Rd. 201-438-1147.

-Saint Michael's, 624 Page Ave. 201-939-1161.

-Lyndhurst Municipal Annex, 253 Stuyvesant Ave. Tuesday through Thursday, 1 to 3:30 pm. For Lyndhurst residents who can show proof of hardship and proof of residency.

### **Mahwah**

-Center for Food Action, 90 Ridge Rd. 201-529-2029.

-Christ Church, Suffern, NY. 845-357-1615.

-Ramapo Reformed Church. Contact first: 201-529-3075.

### **Moonachie**

-CUMAC Paterson-emergency basis only.

### **New Milford**

-Ascension Church; 256 Azalea Dr. 201-836-8961.

### **North Arlington**

-Queen of Peace Church, 10 Franklin Pl. 201-997-0700.

### **Northvale**

-St Anthony's RC Church, 199 Walnut St. Call ahead: 201-768-1177.

### **Norwood**

-Church of the Holy Communion, 66 Summit St. 201-768-0634. (Also Harrington Park)

-Hillsdale United Methodist Church, 349 Hillsdale Ave. Call ahead:201-664-5231.

### **Oakland**

-Our Lady of Perpetual Help Church, 25 Purdue Ave. 201-337-7596.

-Ponds Reformed Church, 341 Ramapo Valley Rd. 201-337-6744.

### **Paramus**

-St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.

-Social Service Assoc. Ridgewood- Call 1'st:201-265-2100, ext. 6100.

### **Park Ridge**

-Tri-Boro Food Pantry, Pascack Reformed Church, 65 Pascack Rd.

Drive to church parking lot behind the building. Tuesdays and Thursdays, 9 to 11am.  
201-573-9083.

### **Ridgefield Park**

-Saint Joseph's Church, 115 E Fort Lee Rd. 201-342-6300.

201-390-0867 verify address.

-St. Francis Food for Friends, 114 Mt. Vernon St. 201-641-6464.

### **Ridgewood**

-Social Service Association of Ridgewood & Vicinity. 201-444-2980.

-St. Luke's Church. (201) 444-0272.

### **River Edge**

-St. Peter the Apostle Church, 445 Fifth Ave. Call ahead for appointment:

(201) 261-3366.

**Rochelle Park**

-Sacred Heart Church, Helping Hands Ministry. Call for emergency basis only: 201-843-8812.

-Rochelle Park Welfare office 201-581-7730.

**Rockleigh**

-Church of the Holy Communion, 66 Summit St., Norwood. Call ahead: 201-768-0634.

**Rutherford**

-Rutherford Community Food Pantry, 176 Park Ave. 201-460-3628.

**Saddle Brook**

-St. Philip the Apostle Church. Call ahead: 201-843-1888.

-First Reformed Church of Saddle Brook, Ackerman Ave. 201-843-6672.

-Center for Food Action, 224 Midland Ave. 201-703-9857.

**South Hackensack**

-North Jersey Vineyard Church. Call ahead: 201-440-2909.

**Teaneck**

-Faith and Hope Food Pantry, 480 Warwick Ave. 201-833-4501.

-Assembly of God, 185 West Englewood Ave. Call ahead: 201-837-9300.

**Teterboro**

-North Jersey Vineyard Church, So. Hackensack. Call ahead: 201-440-2909.

**Waldwick**

-Social Service Association of Ridgewood & Vicinity. 201-444-2980.

-St. Luke's Church. Call ahead: 201-444-0272.

**Wallington**

-N.J. Food & Rescue (Wallington & area). Call for a pick up appointment: 201-218-1707

**Woodcliff Lake**

-Helping Hands Food Pantry, United Methodist Church. 201-664-5231.

**Woodridge**

-Assumption Church, 143 First St. 201-438-5555.

**Wyckoff**

-Wyckoff Reformed Church, 580 Wyckoff Ave. 201-891-1782.

**Westwood**

-St. Andrew's Church, 120 Washington Ave. (and neighboring residents.) 201-666-1100.

**FOOD PANTRIES/RESOURCES FOR PETS**

-Claws Adopt-63 No. Washington Ave, Bergenfield, (201)768-0200 <http://www.clawsadopt.org>

-Bergen County Animal Shelter-, Teterboro, NJ 201-229-4600.

**BABY PANTRIES**

LIGHTHOUSE-809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876 , **BABY BASICS**-PARAMUS MON-FRI (201)

**Bergen County Division of Veterans Services:** (201) 336-6325. <http://www.co.bergen.nj.us/veterans>

**\*\*Bergen County Homeless prevention hotline** 211 / 201-336-6490.

(201) 646-0333 various resources for counselors, therapists, doctors, etc. <http://www.cbhcare.com/>

**Bergen County Board of Social Services** open only only by phone- 201-368-4200. Services; ebt, tanf ie.

Government sponsored **free phones**-Lifeline Assistance, low income cell phone <http://www.assurancewireless.com/>

<http://www.discoverlifeline.com/reachout-wireless/> [https://www.safelinkwireless.com/Safelink/enroll\\_lifeline](https://www.safelinkwireless.com/Safelink/enroll_lifeline)

## Homeless Shelters and Halfway Houses:

### Center For Hope and Safety (Shelter Our Sisters): Emergency Shelter Program

201-498-9247, or 201-944-9600. Safe and confidential housing 24/7

### Homeless and Pregnant Teens: Conklin Shelter Teterboro 201-336-3953

- PHASES (BCCAP) 201-489-6586 in Hackensack, **Covenant House** 800-999-9999
- **Ramsey hotline** 800-662-2678, 888-323-7436

### Family Shelter:

Call Social Services 201-368-4200 or dial 211 to see if you qualify

Eva's Village (Main Facility) Paterson 973-523-6220 973-247-0143.

Eva's Women's Shelter Jackson Street Paterson, NJ 973-279-1004

Eva's Hope Residence for Mothers and Children Women's Shelter

25 Jackson Street Paterson 973-742-2302

Family Promise of Passaic County 211

Good Shepherd Mission Shelter, 336 Broadway, Paterson, 973-742-9244

Teen Challenge – Substance Use Program – Contact Church Emmanuel at 34 Van Wattering Place, Hackensack 201-487-8220 [ecchackensack@gmail.com](mailto:ecchackensack@gmail.com)

**Are you looking for Recovery programs?** Emmanuel Christian Church in Hackensack is the intake site for Teen Challenge, (18 and over) / Walter Hoving Home for women.

If you need detox, Access Center: 800-730-2762. Available 24/7 Paramus NJ

We have a great Board of Chosen Freeholders- <https://www.co.bergen.nj.us/county-officials/freeholders> Phone: 201-336-6526 • Fax:201-336-6290 Zoom meetings:

<https://cobergennj.legistar.com/Calendar.aspx> For Recovery, Addiction Services, and Detox at New Bridge Medical Center, call 800-730-2762

<https://www.newbridgehealth.org/addiction-treatment/>

**IS YOUR TOWN STIGMA FREE??**

Michele Hart-Loughlin 201-634-2745. BC Dept of MH: [mhartlo@co.bergen.nj.us](mailto:mhartlo@co.bergen.nj.us) MH Law Project, Phone: 201-634-2762

## Check out the opening of the libraries & Programs!

Give them a call 201-343-4169 ext. 22

job help?  
life planning?  
time management?  
family counseling?

**YOU TALK, SHE LISTENS**

Sign up to talk to our social work intern today!

We're here to help!

Call / email:  
cathy@johnsonlib.org  
OR  
201-343-4169 x22

Meetings are by appointment and over the phone or Zoom from Jan. 4 - Apr. 20, 2021  
Mondays from 9am-5pm  
Tuesdays from 12pm-8pm

MADISON  
#BPLHeardHelp

**Don't forget Community to go meals at "The Center"!**



**Updated SCHEDULE FOR "The Center's" Community lunch  
and dinners: LUNCH- 11:30-12:15 MON-FRI Until Further  
notice, DINNERS ARE 4:45Pm-5:50Pm 7 DAYS A WEEK 120  
So. River St. Hackensack NJ 201-336-6475**

**If you are homeless, or at risk of becoming homeless dial 211. NEED NEXT STEP SERVICES?  
To screen for assistance, leave msg. @ 201-336-6480 w/ phone & email (if available).  
They'll reach out to you. 201-336-6475 Fax: 201-488-9298.**

**\*For Bergen County Covid 19 Vaccination information, go to:  
<https://www.newbridgehealth.org/covid-19-vaccine-information/>  
NJ info & Reg. <https://covid19.nj.gov/pages/vaccine>  
<https://www.nj211.org/coronavirus-covid-19>**

**\*Basic eviction prevention: dial 211, Forclosures (dial 211):  
<https://www.state.nj.us/dobi/covid/mortgagerelief.html>**

**for our HRG Media group funding Agencies resource list:  
[https://hrgmediaorg.wordpress.com/eviction-prevention-  
and/](https://hrgmediaorg.wordpress.com/eviction-prevention-and/) For Hotline for most questions (not for emergencies)  
Dial 211 or go to [www.nj211.org](http://www.nj211.org)**

[www.hrgbergencommunitynews.com](http://www.hrgbergencommunitynews.com)

HRG Bergen Resource Blog site: [www.hrgmediaorg.wordpress.com](http://www.hrgmediaorg.wordpress.com)

Please join us and “LIKE” us on Facebook



[CLICK HERE to go to HRG Media YouTube channel!](#)

All the resources -free clothing, food, shelters and other free things and events in your area are listed, so please join us on Facebook:

<https://www.facebook.com/HRG.Resources.News/>

Any questions, email us @ [Editor@HrgBergenCommunityNews.com](mailto:Editor@HrgBergenCommunityNews.com)

Thank you in advanced for reading:

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*Anything in this guide that might be incorrect or if you have any comments, concerns or questions please feel free to call: 201-357-0828.*

*Fax-201-883-9366. Email @ [Editor@HrgBergenCommunityNews.com](mailto:Editor@HrgBergenCommunityNews.com)*

**PLEASE NOTE: during Covid-19, most agencies must be reached online or by phone. Bergen County Covid 19 testing, also listed with 211.**

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