

HRG Community Resource Guide

www.HRGBergenCommunityNews.com

2021-online



Scan QR code to keep the
HRG Community Resource Guide
on your device

In this issue-2021:

- Funding sources
- Food pantries
- Keep a copy of our 2021 HRG Community Resource guide; scan the QR Code..
- Updated Center info

JOIN US ON FACE BOOK

www.facebook.com/HRG.Resources.News/

OUR MAIN ONLINE NEWS PAPER:

www.HrgBergenCommunityNews.com

(w/ free resources link)

Our Blog: Resources for
low income.

Where to get FREE Services:
Clothing, Food, Meals.
Free events in Bergen County!
Anyone in need!

WWW.hrgmediaorg.wordpress.com

Call: 201-357-0828 Fax: 201-883-9366

All Resources can be found online

Editor@HrgBergenCommunityNews.com

#IfItsFreeIts4MeThisWeek

COVID-19 INFO INCLUDING HOMELESS INFORMATION AND 211 LINKS

During NJ's COVID-19 Executive Orders, some services may be online & by phone. Shelters are open, & 211 is always open! If you're homeless, seek shelter! Call The NJ Homeless Hotline: 211, or online, go to www.nj211.org. If you are homeless & your in Bergen County, call 211, & you can call 201-336-6475 for instructions how to reach Next Step. take-out lunch & dinner every day. Lunch, 11:30-12:15, and dinner 4:45-5:50.

Check our Resource blog! www.HrgMediaOrg.Wordpress.com

Check out local news: www.hrgbergencommunitynews.com

More important resources can be found at these websites:

New Jersey Homeless Hotline-www.NJ211.org. **COVID-19 NJ-HUB-**<https://covid19.nj.gov>

New Jersey Department of Health-<http://nj.gov/health> CDC-<http://cdc.gov>

Resources by phone: DOH Hotline-24 hours for questions: **1-800-222-1222**, Bergen County Mental Health crisis-**201-262-HELP**.



"Breakfast with Benny" Has Resumed at Transition Professionals



Bergen County Housing Health and Human Services Center



120 South River Street, Hackensack 201-336-6475.

The Center (Homeless Shelter) offers a wide variety of services. If you need services during Covid-19 dial 211. Or go to NJ211.org. Lunch & Dinner to-go. Call ahead as lunch days may change.

LUNCH- 11:30-12:15 MON-FRI Until Further notice, DINNERS ARE 4:45-5:50pm 7 DAYS A WEEK

FOOD PANTRIES

New Listings- *you must call Pantries first and in some cases like CFA you can go on line*

. Please call ahead for updated times and days for all pantries.



Center for Food

-locations nearest you: 201-569-1804 <https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>

-The Office of Concern Food Pantry at Saint Cecilia's Parish, Englewood, 201-568-1465. Open to all Bergen County residents.

-Shiloh AME Zion Church, 129 William St. Call ahead to register: 201-289-1718.

Bergenfield

-St. John the Evangelist, 29 N Washington Ave. 201-384-0101.

Bogota

-Saint Joseph's Church, 115 E Fort Lee Rd. Call Kristina, 201-390-0867 verify address.

Carlstadt

-St Joseph's Church, 20 Hackensack St., East Rutherford. Monday, Wednesday, Friday, 10am to noon. Carlstadt proof of address required. 201-939-3441.

Cliffside Park

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

Closter

-Closter Borough Hall, ; 201-784-0600.*Church of the Holy Communion, 201-768-0634.

Edgewater

-Holy Rosary Parish, 365 Undercliff Ave. Last Tuesday of the month, 11am to noon. 201-945-6329.

Elmwood Park

-St Leo's Parish Food Pantry, 324 Market St. Once a month. 201-796-3521.

Englewood

-Center for Food Action, 192 West Demarest Ave. 201-569-1804.

-Office of Concern Food Pantry at Saint Cecelia, 55 West Demarest Ave. 201.568.1465.

-Shiloh AME Zion Church, Third Thursday 9am to 5pm. Call to register: 201-289-1718.

Fairlawn

-Human Services government office. 201-794-5333.

-Saint Anne's Church, 15-05 Saint Anne St.

Fairview

-Check with town Department of Human Services.

Fort Lee

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

Garfield

-Calvary Baptist Church, third Saturday, 11-12. Call ahead: 973-773-2444.

-St. Joseph Catholic Church, 40 Spring St., Lodi. 973-779-0643.

Glen Rock

-Social Service Association of Ridgewood.

-Saint Catharine Church Food Pantry. 201-661-3651.

Hackensack

-Center for Food Action, 316 First St.

-Emmanuel Church, 34 Van Wattering Pl. Free produce market, Monday, Wednesday, Friday & Saturday beginning at 11:30am. While supplies last

-First Baptist Church, 15 Conklin Pl. 201-487-1244. Emergency Food.

-The River Mission-436 Union St. Sun, 5:30pm; Tues 11:30am-1:30pm, Wed, 5:30pm. (201) 677-2299.

-Buddies of NJ, AIDS/HIV positive clients. 149 Hudson St. 201-489-2900.

-Mt. Olive Church, 260 Central Ave. 2nd and 4th Thursday, 10am-12pm, Friday, 11am.

-Holy Trinity Church, pantry, 17 Clinton Pl. Every 2nd & 4th Saturday 8:30am-1:00pm first come first serve.

-Trinity Church, 218 Passaic St. Tuesdays, 1:30. First come first served.

-Varick Memorial AME Zion Church, 120 Atlantic St. Mon, Wed, Sat 12-3:00, Call Crystal: 347-364-7084 for more info.

Hasbrouck Heights

-Borough Hall, 320 Boulevard. Contact first to qualify: 201-288-0195.

Hillsdale

-Helping Hands Food Pantry, Hillsdale United Methodist Church, 349 Hillsdale Ave.

Pantry is at the Church's Mon, 5:30-7:00pm, first Sat, 9:00-10:30am. 201-664-5231.

Ho-Ho-Kus

-St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.

-Social Service Association of Ridgewood.

Leonia

-Helping Hands Food Pantry, 818 Teaneck Rd. 201-837-1600 ext. 1825.

-St. John the Evangelist Church, 470 Broad Ave. 201-947-4545.

-United Methodist Church, 396 Broad Ave. 201-944-2970.

Little Ferry

-St. Margaret (serving Little Ferry and Moonachie), 31 Chamberlain Ave. 201-641-2988.

Lodi

-Calvary Baptist Church. 3rd Saturday, 11am-12. Call ahead: 973-773-2444.

-St. Joseph Catholic Church, 40 Spring St. 973-779-0643.

Lyndhurst

-Sacred Heart Church, 324 Ridge Rd. 201-438-1147.

-Saint Michael's, 624 Page Ave. 201-939-1161.

-Lyndhurst Municipal Annex, 253 Stuyvesant Ave. Tuesday through Thursday, 1 to 3:30 pm. For Lyndhurst residents who can show proof of hardship and proof of residency.

Mahwah

- Center for Food Action, 90 Ridge Rd. 201-529-2029.
- Christ Church, Suffern, NY. 845-357-1615.
- Ramapo Reformed Church. Contact first: 201-529-3075.

Moonachie

- CUMAC Paterson-emergency basis only.

New Milford

- Ascension Church; 256 Azalea Dr. 201-836-8961.

North Arlington

- Queen of Peace Church, 10 Franklin Pl. 201-997-0700.

Northvale

- St Anthony's RC Church, 199 Walnut St. Call ahead: 201-768-1177.

Norwood

- Church of the Holy Communion, 66 Summit St. 201-768-0634. (Also Harrington Park)
- Hillsdale United Methodist Church, 349 Hillsdale Ave. Call ahead:201-664-5231.

Oakland

- Our Lady of Perpetual Help Church, 25 Purdue Ave. 201-337-7596.
- Ponds Reformed Church, 341 Ramapo Valley Rd. 201-337-6744.

Paramus

- St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.
- Social Service Assoc. Ridgewood- Call 1'st:201-265-2100, ext. 6100.

Park Ridge

- Tri-Boro Food Pantry, Pascack Reformed Church, 65 Pascack Rd.
Drive to church parking lot behind the building. Tuesdays and Thursdays, 9 to 11am.
201-573-9083.

Ridgefield Park

- Saint Joseph's Church, 115 E Fort Lee Rd. 201-342-6300.
201-390-0867 verify address.
- St. Francis Food for Friends, 114 Mt. Vernon St. 201-641-6464.

Ridgewood

- Social Service Association of Ridgewood & Vicinity. 201-444-2980.
- St. Luke's Church. (201) 444-0272.

River Edge

- St. Peter the Apostle Church, 445 Fifth Ave. Call ahead for appointment:
(201) 261-3366.

Rochelle Park

- Sacred Heart Church, Helping Hands Ministry. Call for emergency basis only:
201-843-8812.
- Rochelle Park Welfare office 201-581-7730.

Rockleigh

- Church of the Holy Communion, 66 Summit St., Norwood. Call ahead: 201-768-0634.

Rutherford

- Rutherford Community Food Pantry, 176 Park Ave. 201-460-3628.

Saddle Brook

- St. Philip the Apostle Church. Call ahead: 201-843-1888.
- First Reformed Church of Saddle Brook, Ackerman Ave. 201-843-6672.
- Center for Food Action, 224 Midland Ave. 201-703-9857.

South Hackensack

- North Jersey Vineyard Church. Call ahead: 201-440-2909.

Teaneck

-Faith and Hope Food Pantry, 480 Warwick Ave. 201-833-4501.
-Assembly of God, 185 West Englewood Ave. Call ahead: 201-837-9300.

Teterboro

-North Jersey Vineyard Church, So. Hackensack. Call ahead: 201-440-2909.

Waldwick

-Social Service Association of Ridgewood & Vicinity. 201-444-2980.
-St. Luke's Church. Call ahead: 201-444-0272.

Wallington

-N.J. Food & Rescue (Wallington & area). Call for a pick up appointment: 201-218-1707

Woodcliff Lake

-Helping Hands Food Pantry, United Methodist Church. 201-664-5231.

Woodridge

-Assumption Church, 143 First St. 201-438-5555.

Wyckoff

-Wyckoff Reformed Church, 580 Wyckoff Ave. 201-891-1782.

Westwood

-St. Andrew's Church, 120 Washington Ave. (and neighboring residents.) 201-666-1100.

Want to watch some vidoes? Cooking shows> [HRG Media Group on YouTube!](#)

FOOD PANTRIES/RESOURCES FOR PETS

-Claws Adopt-63 No. Washington Ave, Bergenfield, (201)768-0200 <http://www.clawsadopt.org>
-Bergen County Animal Shelter-, Teterboro, NJ 201-229-4600.

BABY PANTRIES

LIGHTHOUSE-809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876 , **BABY BASICS**-PARAMUS MON-FRI (201)
Bergen County Division of Veterans Services: (201) 336-6325. <http://www.co.bergen.nj.us/veterans>
**Bergen County Homeless prevention hotline 211 / 201-336-6490.

(201) 646-0333 various resources for counselors, therapists, doctors, etc. <http://www.cbhcare.com/>

Bergen County Board of Social Services open only only by phone- 201-368-4200. Services; ebt, tanf ie.

Government sponsored free phones-Lifeline Assistance, low income cell phone <http://www.assurancewireless.com/>
<http://www.discoverlifeline.com/reachout-wireless/> https://www.safelinkwireless.com/Safelink/enroll_lifeline

Homeless Shelters and Halfway Houses:

Center For Hope and Safetly (Shelter Our Sisters): Emergency Shelter Program

201-498-9247, or 201-944-9600. Safe and confidential housing 24/7

Homeless and Pregnant Teens: Conklin Shelter Teterboro 201-336-3953

- **PHASES** (BCCAP) 201-489-6586 in Hackensack
- **Covenant House** 800-999-9999
- **Ramsey hotline** 800-662-2678, 888-323-7436

Family Shelter:

Call Social Services 201-368-4200 or dial 211 to see if you qualify

Eva's Village (Main Facility) Paterson 973-523-6220 973-247-0143.

Eva's Women's Shelter Jackson Street Paterson, NJ 973-279-1004

Eva's Hope Residence for Mothers and Children Women's Shelter

25 Jackson Street Paterson 973-742-2302

Family Promise of Passaic County 211

Good Shepherd Mission Shelter, 336 Broadway, Paterson, 973-742-9244

Teen Challenge – Substance Use Program – Contact Church Emmanuel at 34 Van Wetering Place, Hackensack 201-487-8220 ecchackensack@gmail.com

Are you looking for Recovery programs? Emmanuel Christian Church in Hackensack is the intake site for Teen Challenge, (18 and over) / Walter Hoving Home for women. If you need detox, Access Center: 800-730-2762. Available 24/7 Pramus NJ

We have a great Board of Chosen Freeholders- <https://www.co.bergen.nj.us/county-officials/freeholders> Phone: 201-336-6526 • Fax:201-336-6290 Zoom meetings: <https://cobergennj.legistar.com/Calendar.aspx> For Recovery, Addiction Services, and Detox at New Bridge Medical Center, call 800-730-2762 <https://www.newbridgehealth.org/addiction-treatment/>

IS YOUR TOWN STIGMA FREE??

Michele Hart-Loughlin 201-634-2745. BC Dept of MH: mhartlo@co.bergen.nj.us MH Law Project, Phone: 201-634-2762

Check out the opening of the libraries & Programs!

job help?
life planning?
time management?
family counseling?

YOU TALK, SHE LISTENS

Sign up to talk to our social work intern today!

We're here to help!

JOHNSON LIBRARY
#JPLHereToHelp

Call / email:
cathy@johnsonlib.org
or
201-343-4169 x22

Meetings are by appointment and over the phone or Zoom from Jan. 4 - Apr. 20, 2021
Mondays from 9am-5pm
Tuesdays from 12pm-8pm

Don't forget Community to go meals at "The Center"!



**Updated SCHEDULE FOR "The Center's" Community lunch
and dinners: LUNCH- 11:30-12:15 MON-FRI Until Further
notice, DINNERS ARE 4:45Pm-5:50Pm 7 DAYS A WEEK 120
So. River St. Hackensack NJ 201-336-6475**

**If you are homeless, or at risk of becoming homeless dial 211. NEED NEXT STEP SERVICES?
To screen for assistance, leave msg. @ 201-336-6480 w/ phone & email (if available). They'll
reach out to you. 201-336-6475 Fax: 201-488-9298.**

***For Bergen County Covid 19 Vaccination information, go to:**

<https://www.newbridgehealth.org/covid-19-vaccine-information/>

NJ info & Reg. <https://covid19.nj.gov/pages/vaccine>

<https://www.nj211.org/coronavirus-covid-19>

***Basic eviction prevention: dial 211, Forclosures (dial 211):**

<https://www.state.nj.us/dobi/covid/mortgagerelief.html>

for our HRG Media group funding Agencies resource list:

<https://hrgmediaorg.wordpress.com/eviction-prevention-and/>

For Hotline for most questions (not for emergencies)

Dial 211 or go to www.nj211.org

www.hrgbergencommunitynews.com

HRG Bergen Resource Blog site: www.hrgmediaorg.wordpress.com

Please join us and “LIKE” us on Facebook



[CLICK HERE to go to HRG Media YouTube channel!](#)

All the resources -free clothing, food, shelters and other free things and events in your area are listed, so please join us on Facebook:

<https://www.facebook.com/HRG.Resources.News/>

Any questions, email us @ Editor@HrgBergenCommunityNews.com

Thank you in advanced for reading:

WWW.HrgBergenCommunityNews.com

Anything in this guide that might be incorrect or if you have any comments, concerns or questions please feel free to call: 201-357-0828. Fax-201-883-9366. Email @ Editor@HrgBergenCommunityNews.com

PLEASE NOTE: during Covid-19, most agencies must be reached online or by phone. Bergen County Covid 19 testing, also listed with 211.

If you are on a computer and want the HRG Community resource Guide 2021 PDF on your phone, scan the QR code below!



Scan QR code to keep the
HRG Community Resource Guide
on your device