

Mental Health must be a priority! If you need support, contact, help is available.

Dial 911 for emergencies

Bergen:201-262-HELP

NJEA HELPLINE 1-866-243-6532 or email AID-NJEA@ubhc.rutgers.edu

Compulsive Gambling of NJ 800-GAMBLER (426-2537)

1 866-COP-2COP (267-2267) /Fire, First Responder Support:

<https://www.state.nj.us/humanservices/dmhas/home/disaster/responder/>

Veterans Counseling Hotline 866-VETS-NJ4 (838-7654)

NJ Hope Line (suicide prevention) 855-654-6735

Reach NJ 844-732-2465

IME Addictions Access Center 844-276-2777

NJ Connect for Recovery 855-652-3737

The Peer Recovery Warmline 877-292-5588

National Suicide Hotline 800-273-8255

NJ Mental Health Cares 866-202-HELP (4357) TTY: 1-877-294-4356

<https://www.njea.org/got-stress-call-njeas-member-helpline/>

Bergen County NJ Div. of MH(201-634-2745): <https://www.co.bergen.nj.us/mental-health-services/about-mental-health-services>

<https://suicidepreventionlifeline.org/>

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HRC BCN & Resources