

# HRG Community Resource Guide

[www.HRGBergenCommunityNews.com](http://www.HRGBergenCommunityNews.com)

2020-online



**COVID19 INFO as well**

## In this issue:

- As NJ Begins to Reopen..
- Community Resources
- Updated Center info
- New & Replenished Funding sources
- Food pantries

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OUR MAIN ONLINE NEWS PAPER:

[www.HrgBergenCommunityNews.com](http://www.HrgBergenCommunityNews.com)

(w/ free resources link)

*Our Blog: Resources for  
low income.*

**Where to get FREE Services:**  
Clothing, Food, Meals.  
**Free events in Bergen County!**  
Anyone in need!

[WWW.hrgmediaorg.wordpress.com](http://WWW.hrgmediaorg.wordpress.com)

Call: 201-357-0828 Fax: 201-883-9366

All Resources can be found online

[Editor@HrgBergenCommunityNews.com](mailto:Editor@HrgBergenCommunityNews.com)

#IfItsFreeIts4MeThisWeek

## COVID-19 INFO INCLUDING HOMELESS INFORMATION AND 211 LINKS

**During New Jersey's COVID-19 Public Health Emergency, most services will be online and by phone. Shelters are open, & 211 is always open!** If you're homeless, seek shelter! Call The NJ Homeless Hotline: 211, or online, go to [www.nj211.org](http://www.nj211.org). If you are homeless and your in Bergen County, call 211, or you can call 201-336-6475 for instructions how to reach Next Step. take-out lunch & dinner every day. Lunch, 12:15-12:30, and dinner 5:45-6:00.

Check our blog! [www.HrgMediaOrg.Wordpress.com](http://www.HrgMediaOrg.Wordpress.com)

Check out local news: [www.hrgbergencommunitynews.com](http://www.hrgbergencommunitynews.com)

More important resources can be found at these websites:

New Jersey Homeless Hotline-[www.NJ211.org](http://www.NJ211.org). COVID-19 NJ-HUB-<https://covid19.nj.gov>

New Jersey Department of Health-<http://nj.gov/health> CDC-<http://cdc.gov>

Resources by phone: DOH Hotline-24 hours for questions: **1-800-222-1222**, Bergen County Mental Health crisis-**201-262-HELP**.



"Breakfast with Benny" Has Resumed at Transition Professionals



### Bergen County Housing Health and Human Services Center



120 South River Street, Hackensack 201-336-6475.

The Center (Homeless Shelter) offers a wide variety of services. If you need services during Covid-19 dial 211. Or go to NJ211.org. Lunch & Dinner to-go. Call ahead as lunch days may change.

LUNCH- 11:30-12:30 MON-FRI Until Further notice, DINNERS ARE 4:45-6:15Pm 7 DAYS A WEEK

### FOOD PANTRIES

**New Listings-** *you must call Pantries first and in some cases like CFA you can go on line*

*. Please call ahead for updated times and days for all pantries.*



Center for Food

-locations nearest you: 201-569-1804 <https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>

-The Office of Concern Food Pantry at Saint Cecilia's Parish, Englewood, 201-568-1465. Open to all Bergen County residents.

-Shiloh AME Zion Church, 129 William St. Call ahead to register: 201-289-1718.

#### **Bergenfield**

-St. John the Evangelist, 29 N Washington Ave. 201-384-0101.

#### **Bogota**

-Saint Joseph's Church, 115 E Fort Lee Rd. Call Kristina, 201-390-0867 verify address.

#### **Carlstadt**

-St Joseph's Church, 20 Hackensack St., East Rutherford. Monday, Wednesday, Friday, 10am to noon. Carlstadt proof of address required. 201-939-3441.

#### **Cliffside Park**

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

#### **Closter**

-Closter Borough Hall, ; 201-784-0600.\*Church of the Holy Communion, 201-768-0634.

#### **Edgewater**

-Holy Rosary Parish, 365 Undercliff Ave. Last Tuesday of the month, 11am to noon. 201-945-6329.

#### **Elmwood Park**

-St Leo's Parish Food Pantry, 324 Market St. Once a month. 201-796-3521.

#### **Englewood**

-Center for Food Action, 192 West Demarest Ave. 201-569-1804.

- Office of Concern Food Pantry at Saint Cecelia, 55 West Demarest Ave. 201.568.1465.
- Shiloh AME Zion Church, Third Thursday 9am to 5pm. Call to register: 201-289-1718.

### **Fairlawn**

- Human Services government office. 201-794-5333.
- Saint Anne's Church, 15-05 Saint Anne St.

### **Fairview**

- Check with town Department of Human Services.

### **Fort Lee**

- Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

### **Garfield**

- Calvary Baptist Church, third Saturday, 11-12. Call ahead: 973-773-2444.
- St. Joseph Catholic Church, 40 Spring St., Lodi. 973-779-0643.

### **Glen Rock**

- Social Service Association of Ridgewood.
- Saint Catharine Church Food Pantry. 201-661-3651.

### **Hackensack**

- Center for Food Action, 316 First St.
- Emmanuel Church, 34 Van Wattering Pl. Free produce market, Friday, Saturday, Sunday, and Monday, 10am to noon.
- First Baptist Church, 15 Conklin Pl. 201-487-1244. Emergency Food.
- The River Mission-436 Union St. Sun, 5:30pm; Tues 11:30am-1:30pm, Wed, 5:30pm. (201) 677-2299.
- Buddies of NJ, AIDS/HIV positive clients. 149 Hudson St. 201-489-2900.
- Mt. Olive Church, 260 Central Ave. 2nd and 4th Thursday, 10am-12pm, Friday, 11am.
- Holy Trinity Church, pantry, 17 Clinton Pl. Every 2<sup>nd</sup> & 4<sup>th</sup> Saturday 8:30am-1:00pm first come first serve.
- Trinity Church, 218 Passaic St. Tuesdays, 1:30. First come first served.
- Varick Memorial AME Zion Church, 120 Atlantic St. Every 3rd Saturday, 10am-4 pm, and 3rd Wednesday, 3-6pm, by appointment. Call Crystal: 347-364-7084.

### **Hasbrouck Heights**

- Borough Hall, 320 Boulevard. Contact first to qualify: 201-288-0195.

### **Hillsdale**

- Helping Hands Food Pantry, Hillsdale United Methodist Church, 349 Hillsdale Ave. Pantry is at the Church's Mon, 5:30-7:00pm, first Sat, 9:00-10:30am. 201-664-5231.

### **Ho-Ho-Kus**

- St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.
- Social Service Association of Ridgewood.

### **Leonia**

- Helping Hands Food Pantry, 818 Teaneck Rd. 201-837-1600 ext. 1825.
- St. John the Evangelist Church, 470 Broad Ave. 201-947-4545.
- United Methodist Church, 396 Broad Ave. 201-944-2970.

### **Little Ferry**

- St. Margaret (serving Little Ferry and Moonachie), 31 Chamberlain Ave. 201-641-2988.

### **Lodi**

- Calvary Baptist Church. 3rd Saturday, 11am-12. Call ahead: 973-773-2444.
- St. Joseph Catholic Church, 40 Spring St. 973-779-0643.

### **Lyndhurst**

- Sacred Heart Church, 324 Ridge Rd. 201-438-1147.
- Saint Michael's, 624 Page Ave. 201-939-1161.

-Lyndhurst Municipal Annex, 253 Stuyvesant Ave. Tuesday through Thursday, 1 to 3:30 pm. For Lyndhurst residents who can show proof of hardship and proof of residency.

### **Mahwah**

- Center for Food Action, 90 Ridge Rd. 201-529-2029.
- Christ Church, Suffern, NY. 845-357-1615.
- Ramapo Reformed Church. Contact first: 201-529-3075.

### **Moonachie**

- CUMAC Paterson-emergency basis only.

### **New Milford**

- Ascension Church; 256 Azalea Dr. 201-836-8961.

### **North Arlington**

- Queen of Peace Church, 10 Franklin Pl. 201-997-0700.

### **Northvale**

- St Anthony's RC Church, 199 Walnut St. Call ahead: 201-768-1177.

### **Norwood**

- Church of the Holy Communion, 66 Summit St. 201-768-0634. (Also Harrington Park)
- Hillsdale United Methodist Church, 349 Hillsdale Ave. Call ahead:201-664-5231.

### **Oakland**

- Our Lady of Perpetual Help Church, 25 Purdue Ave. 201-337-7596.
- Ponds Reformed Church, 341 Ramapo Valley Rd. 201-337-6744.

### **Paramus**

- St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.
- Social Service Assoc. Ridgewood- Call 1'st:201-265-2100, ext. 6100.

### **Park Ridge**

- Tri-Boro Food Pantry, Pascack Reformed Church, 65 Pascack Rd.  
Drive to church parking lot behind the building. Tuesdays and Thursdays, 9 to 11am.  
201-573-9083.

### **Ridgefield Park**

- Saint Joseph's Church, 115 E Fort Lee Rd. 201-342-6300.  
201-390-0867 verify address.
- St. Francis Food for Friends, 114 Mt. Vernon St. 201-641-6464.

### **Ridgewood**

- Social Service Association of Ridgewood & Vicinity. 201-444-2980.
- St. Luke's Church. (201) 444-0272.

### **River Edge**

- St. Peter the Apostle Church, 445 Fifth Ave. Call ahead for appointment:  
(201) 261-3366.

### **Rochelle Park**

- Sacred Heart Church, Helping Hands Ministry. Call for emergency basis only:  
201-843-8812.
- Rochelle Park Welfare office 201-581-7730.

### **Rockleigh**

- Church of the Holy Communion, 66 Summit St., Norwood. Call ahead: 201-768-0634.

### **Rutherford**

- Rutherford Community Food Pantry, 176 Park Ave. 201-460-3628.

### **Saddle Brook**

- St. Philip the Apostle Church. Call ahead: 201-843-1888.
- First Reformed Church of Saddle Brook, Ackerman Ave. 201-843-6672.
- Center for Food Action, 224 Midland Ave. 201-703-9857.

## **South Hackensack**

-North Jersey Vineyard Church. Call ahead: 201-440-2909.

## **Teaneck**

-Faith and Hope Food Pantry, 480 Warwick Ave. 201-833-4501.

-Assembly of God, 185 West Englewood Ave. Call ahead: 201-837-9300.

## **Teterboro**

-North Jersey Vineyard Church, So. Hackensack. Call ahead: 201-440-2909.

## **Waldwick**

-Social Service Association of Ridgewood & Vicinity. 201-444-2980.

-St. Luke's Church. Call ahead: 201-444-0272.

## **Wallington**

-N.J. Food & Rescue (Wallington & area). Call for a pick up appointment: 201-218-1707

## **Woodcliff Lake**

-Helping Hands Food Pantry, United Methodist Church. 201-664-5231.

## **Woodridge**

-Assumption Church, 143 First St. 201-438-5555.

## **Wyckoff**

-Wyckoff Reformed Church, 580 Wyckoff Ave. 201-891-1782.

## **Westwood**

-St. Andrew's Church, 120 Washington Ave. (and neighboring residents.) 201-666-1100.

***Want to watch some vidoes? Cooking shows> [HRG Media Group on YouTube!](#)***

## **FOOD PANTRIES/RESOURCES FOR PETS**

-Claws Adopt-63 No. Washington Ave, Bergenfield, (201)768-0200 <http://www.clawsadopt.org>

-Bergen County Animal Shelter-, Teterboro, NJ 201-229-4600.

## **BABY PANTRIES**

**LIGHTHOUSE**-809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876 , **BABY BASICS**-PARAMUS MON-FRI (201)

**Bergen County Division of Veterans Services:** (201) 336-6325. <http://www.co.bergen.nj.us/veterans>

**\*\*Bergen County Homeless prevention hotline** 211 / 201-336-6490.

(201) 646-0333 various resources for counselors, therapists, doctors, etc. <http://www.cbhcare.com/>

**Bergen County Board of Social Services** *open only only by phone*- 201-368-4200. Services; ebt, tanf ie.

Government sponsored **free phones**-Lifeline Assistance, low income cell phone <http://www.assurancewireless.com/>

<http://www.discoverlifeline.com/reachout-wireless/> [https://www.safelinkwireless.com/Safelink/enroll\\_lifeline](https://www.safelinkwireless.com/Safelink/enroll_lifeline)

## **Homeless Shelters and Halfway Houses:**

**Center For Hope and Safetly (Shelter Our Sisters): Emergency Shelter Program**

201-498-9247, or 201-944-9600. Safe and confidential housing 24/7

**Homeless and Pregnant Teens: Conklin Shelter Teterboro** 201-336-3953

- **PHASES** (BCCAP) 201-489-6586 in Hackensack
- **Covenant House** 800-999-9999
- **Ramsey hotline** 800-662-2678, 888-323-7436

## **Family Shelter:**

Call Social Services 201-368-4200 or dial 211 to see if you qualify

**Eva's Village (Main Facility)** Paterson 973-523-6220 973-247-0143.

**Eva's Women's Shelter** Jackson Street Paterson, NJ 973-279-1004

**Eva's Hope Residence for Mothers and Children Women's Shelter**

25 Jackson Street Paterson 973-742-2302

[Family Promise of Passaic County](#) 211

[Good Shepherd Mission Shelter](#), 336 Broadway, Paterson, 973-742-9244

[Teen Challenge – Substance Use Program](#) – Contact Church Emmanuel at 34 Van Wetering Place, Hackensack 201-487-8220 [ecchackensack@gmail.com](mailto:ecchackensack@gmail.com)

**Are you looking for Recovery programs?** [Emmanuel Christian Church](#) in Hackensack is the intake site for Teen Challenge, (18 and over) / Walter Hoving Home for women.

If you need detox, [Access Center](#): 800-730-2762. Available 24/7 Pramus NJ

We have a great Board of Chosen Freeholders- <https://www.co.bergen.nj.us/county-officials/freeholders> Phone: 201-336-6526 • Fax:201-336-6290 Zoom meetings:

<https://cobergenj.legistar.com/Calendar.aspx> For Recovery, Addiction Services, and Detox at

New Bridge Medical Center, call 800-730-2762

<https://www.newbridgehealth.org/addiction-treatment/>

**IS YOUR TOWN STIGMA FREE??**

Michele Hart-Loughlin 201-634-2745. BC Dept of MH: [mhartlo@co.bergen.nj.us](mailto:mhartlo@co.bergen.nj.us) MH Law

Project, Phone: 201-634-2762



**You can check out our online newspaper:** [www.hrgbergencommunitynews.com](http://www.hrgbergencommunitynews.com)

HRG Bergen: [www.hrgmediaorg.wordpress.com](http://www.hrgmediaorg.wordpress.com) Please join us and “LIKE” us on Facebook



**[HRG Media Group](#)** on YouTube! [CLICK HERE to go to HRG YouTube.](#)

All the resources -free clothing, food, shelters and other free things and events in your area are listed, so please

join us on Facebook: <https://www.facebook.com/HRG.Resources.News/>

Any questions, email us @ [Editor@HrgBergenCommunityNews.com](mailto:Editor@HrgBergenCommunityNews.com) & we will send you our Facebook link.

Thank you for using the free resources for any information about us on any social media

[WWW.HrgBergenCommunityNews.com](http://WWW.HrgBergenCommunityNews.com)

*Anything in this guide that might be incorrect or if you have any comments, concerns or questions please feel free to call us: 201-357-0828. Fax-201-883-9366. Email us @ ([hrg\\_mediagroup@yahoo.com](mailto:hrg_mediagroup@yahoo.com))*

**THE new HRG Guide pocket edition WILL be back in the Fall.**

*Please note; the communiy meals section is not avalable until the CDC says it is safe to open.*

**PLEASE NOTE:** during Covid-19, most agencies must be reached online or by phone. Bergen County Covid 19 testing can be found by dialing 211 or going to the County, state covid19 hotlines listed on the above pages (2).