

HRG Community Resource Guide

www.HRGBergenCommunityNews.com

2020-online



COVID19 INFO as well

In this issue:

- Food pantries
- Community Resources
- Covid19 Resources for low income/homeless

JOIN US ON FACE BOOK

www.facebook.com/HRG.Resources.News/

OUR MAIN ONLINE NEWS PAPER:

www.HrgBergenCommunityNews.com

(w/ free resources link)

Our Blog:

Resources for
homeless/low income.

Where to get FREE Services:
Clothing, Food, Meals.
Free events in Bergen County!

WWW.hrgmediaorg.wordpress.com

Call: 201-357-0828 Fax: 201-883-9366

All Resources can be found online

Editor@HrgBergenCommunityNews.com

#IfItsFreeIts4MeThisWeek

Check our blog! www.HrgMediaOrg.Wordpress.com

Check out local news: www.hrgbergencommunitynews.com

COVID-19 INFO INCLUDING HOMELESS INFORMATION AND 211 LINKS

During New Jersey's COVID-19 Public Health State of Emergency, most services will be available online and by phone. Shelters are open, and 211 is always open!

If you're homeless, seek shelter! Call The NJ Homeless Hotline: 211, or online, go to www.nj211.org. If you are homeless and your last permanent address is in Bergen County, call 211, or you can call 201-336-6475 for instructions how to reach Next Step. The Center is still serving meals, take-out lunch and dinner every day. Lunch, 12:15-12:30, and dinner 5:45-6:00. Call 201-336-6475 and ask to be transferred to Next Step.

More important resources can be found at these websites:

New Jersey Homeless Hotline-www.NJ211.org.

COVID-19 NJ-HUB-<https://covid19.nj.gov>

New Jersey Department of Health-<http://nj.gov/health>

Center for Disease Control-<http://cdc.gov>

National preparedness info- <http://ready.gov>

The HRG FB page- <https://www.facebook.com/HRG.Resources.News/>

Resources by phone:

Department of Health Hotline available 24 hours for questions: **1-800-222-1222**

Bergen County Mental Health crisis-**201-262-HELP**.



"Breakfast with Benny" WILL ONLY BE ON FACE BOOK Live! (until further notice)



For Recovery, Addiction Services, and Detox at New Bridge Medical Center, call 800-730-2762

<https://www.newbridgehealth.org/addiction-treatment/>

Bergen County Housing Health and Human Services Center



120 South River Street, Hackensack 201-336-6475.

The Center (Homeless Shelter) offers a wide variety of services. If you need services during Covid-19 dial 211. Or go to NJ211.org. Lunch & Dinner available to-go. Call ahead, please.



We have a great **Board of Chosen Freeholders-**

<https://www.co.bergen.nj.us/county-officials/freeholders>

Phone: 201-336-6526 • Fax:201-336-6290

Zoom meetings: <https://cobergennj.legistar.com/Calendar.aspx>

FOOD PANTRIES

New Listings- you must call first and in some cases like CFA you can go on line

There are many places with food pantries, like churches, service organizations, and government agencies. Here are food pantries in Bergen County listed alphabetically by town. PLEASE NOTE: This information may change at any time. Please call ahead for updated times and days.

If the town you are looking for is not listed here, please contact:

-Center for Food Action for their location nearest you: 201-569-1804, or

<https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>

-The Office of Concern Food Pantry at Saint Cecilia's Parish, 55 West Demarest Ave, Englewood, 201-568-1465. Open to all Bergen County residents.

-Shiloh AME Zion Church, 129 William St. Third Thursday each month 9am to 5pm. Call ahead to register: 201-289-1718. Open to all of Bergen County.

Bergenfield

-St. John the Evangelist, 29 N Washington Ave. 201-384-0101.

Bogota

-Saint Joseph's Church, 115 E Fort Lee Rd. Call Kristina, 201-390-0867 to verify address.

Carlstadt

-St Joseph's Church, 20 Hackensack St., East Rutherford. Monday, Wednesday, Friday, 10am to noon. Carlstadt proof of address required. 201-939-3441.

Cliffside Park

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

Closter

-Closter Borough Hall, 295 Old Closter Dock Rd. 201-784-0600. -

Church of the Holy Communion, 66 Summit St., Norwood. 201-768-0634.

Edgewater

-Holy Rosary Parish, 365 Undercliff Ave. Last Tuesday of the month, 11am to noon. 201-945-6329.

Elmwood Park

-St Leo's Parish Food Pantry, 324 Market St. Once a month. 201-796-3521.

Englewood

-Center for Food Action, 192 West Demarest Ave. 201-569-1804.

-Office of Concern Food Pantry at Saint Cecelia, 55 West Demarest Ave. 201.568.1465. Serving all of Bergen County.

-Shiloh AME Zion Church, 129 William St. Third Thursday each month 9am to 5pm. Call ahead to register: 201-289-1718.

Fairlawn

-Human Services government office. 201-794-5333.

-Saint Anne's Church, 15-05 Saint Anne St.

Fairview

-Check with town Department of Human Services.

Fort Lee

-Church of the Epiphany RC, 247 Knox Ave. 201-943-7320.

Garfield

- Calvary Baptist Church, third Saturday, 11-12. Call ahead: 973-773-2444.
- St. Joseph Catholic Church, 40 Spring St., Lodi. 973-779-0643.

Glen Rock

- Social Service Association of Ridgewood.
- Saint Catharine Church Food Pantry. 201-661-3651.

Hackensack

- Center for Food Action, 316 First St.
- Emmanuel Church, 34 Van Wattering Pl. Free produce market, Friday, Saturday, Sunday, and Monday, 10am to noon.
- First Baptist Church, 15 Conklin Pl. 201-487-1244. Emergency Food.
- The River Mission-436 Union St. Sunday, 5:30pm; Tues 11:30am-1:30pm, Wednesday, 5:30pm. (201) 677-2299.
- Buddies of NJ, AIDS/HIV positive clients. 149 Hudson St. 201-489-2900.
- Mt. Olive Baptist Church, 260 Central Ave. 2nd and 4th Thursday, 10am-12pm, Friday, 11am.
- Holy Trinity Church, pantry, located at 17 Clinton Pl. Every 2nd & 4th Saturday (2nd & 3rd Saturdays in November & December), 8:30am-1:00pm or until supplies are exhausted.
- Trinity Church, 218 Passaic St. Tuesdays, 1:30. First come first served.
- Varick Memorial AME Zion Church, 120 Atlantic St. Every 3rd Saturday, 10am-4 pm, and 3rd Wednesday, 3-6pm, by appointment. Call Crystal: 347-364-7084.

Hasbrouck Heights

- Borough Hall, 320 Boulevard. Contact first to qualify: 201-288-0195.

Hillsdale

- Helping Hands Food Pantry, Hillsdale United Methodist Church, 349 Hillsdale Ave. Pantry is at the Church's south entrance, corner of Magnolia Ave & Washington Ave. Mondays, 5:30-7:00pm, and first Saturday of the month, 9:00-10:30am. 201-664-5231.

Ho-Ho-Kus

- St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.
- Social Service Association of Ridgewood.

Leonia

- Helping Hands Food Pantry, 818 Teaneck Rd. 201-837-1600 ext. 1825.
- St. John the Evangelist Church, 470 Broad Ave. 201-947-4545.
- United Methodist Church, 396 Broad Ave. 201-944-2970.

Little Ferry

- St. Margaret (serving Little Ferry and Moonachie), 31 Chamberlain Ave. 201-641-2988.

Lodi

- Calvary Baptist Church. 3rd Saturday, 11am-12. Call ahead: 973-773-2444.
- St. Joseph Catholic Church, 40 Spring St. 973-779-0643.

Lyndhurst

- Sacred Heart Church, 324 Ridge Rd. 201-438-1147.
- Saint Michael's, 624 Page Ave. 201-939-1161.
- Lyndhurst Municipal Annex, 253 Stuyvesant Ave. Tuesday through Thursday, 1 to 3:30 pm. For Lyndhurst residents who can show proof of hardship and proof of residency.

Mahwah

- Center for Food Action, 90 Ridge Rd. 201-529-2029.
- Christ Church, Suffern, NY. 845-357-1615.

-Ramapo Reformed Church. Contact first: 201-529-3075.

Moonachie

-CUMAC Paterson-emergency basis only.

New Milford

-Ascension Church; 256 Azalea Dr. 201-836-8961.

North Arlington

-Queen of Peace Church, 10 Franklin Pl. 201-997-0700.

Northvale

-St Anthony's RC Church, 199 Walnut St. Call ahead: 201-768-1177.

Norwood

-Church of the Holy Communion, 66 Summit St. 201-768-0634. (Also Harrington Park)

-Hillsdale United Methodist Church, 349 Hillsdale Ave. Call ahead for info:201-664-5231.

Oakland

-Our Lady of Perpetual Help Church, 25 Purdue Ave. 201-337-7596.

-Ponds Reformed Church, 341 Ramapo Valley Rd. 201-337-6744.

Paramus

-St Bartholomew's Church, 70 Sheridan Ave. 201-444-5025.

-Social Service Association of Ridgewood, Human Services Dept. Call ahead: 201-265-2100, ext. 6100.

-Center for Food Action, for Bergen Community College students: 400 Paramus Rd. Call for student services: 201-447-7215.

Park Ridge

-Tri-Boro Food Pantry, Pascack Reformed Church, 65 Pascack Rd.

Drive to church parking lot behind the building. Tuesdays and Thursdays, 9 to 11am. 201-573-9083.

Ridgefield Park

-Saint Joseph's Church, 115 E Fort Lee Rd. 201-342-6300.

201-390-0867 verify address.

-St. Francis Food for Friends, 114 Mt. Vernon St. 201-641-6464.

Ridgewood

-Social Service Association of Ridgewood & Vicinity. 201-444-2980.

-St. Luke's Church. (201) 444-0272.

River Edge

-St. Peter the Apostle Church, 445 Fifth Ave. Call ahead for appointment: (201) 261-3366.

Rochelle Park

-Sacred Heart Church, Helping Hands Ministry. Call for emergency basis only: 201-843-8812.

-Rochelle Park Welfare office 201-581-7730.

Rockleigh

-Church of the Holy Communion, 66 Summit St., Norwood. Call ahead: 201-768-0634.

Rutherford

-Rutherford Community Food Pantry, 176 Park Ave. 201-460-3628.

Saddle Brook

-St. Philip the Apostle Church. Call ahead: 201-843-1888.

-First Reformed Church of Saddle Brook, Ackerman Ave. 201-843-6672.

-Center for Food Action, 224 Midland Ave. 201-703-9857.

South Hackensack

-North Jersey Vineyard Church. Call ahead: 201-440-2909.

Teaneck

- Faith and Hope Food Pantry, 480 Warwick Ave. 201-833-4501.
- Assembly of God, 185 West Englewood Ave. Call ahead: 201-837-9300.

Teterboro

- North Jersey Vineyard Church, So. Hackensack. Call ahead: 201-440-2909.

Waldwick

- Social Service Association of Ridgewood & Vicinity. 201-444-2980.
- St. Luke's Church. Call ahead: 201-444-0272.

Wallington

- N.J. Food & Rescue (Wallington & area). Call for a pick up appointment: 201-218-1707, or contact them via Facebook.

Woodcliff Lake

- Helping Hands Food Pantry, United Methodist Church. 201-664-5231.

Woodridge

- Assumption Church, 143 First St. 201-438-5555.

Wyckoff

- Wyckoff Reformed Church, 580 Wyckoff Ave. 201-891-1782.

Westwood

- St. Andrew's Church, 120 Washington Ave. (For Westwood and neighboring town residents.) 201-666-1100.

Want to watch some vidoes? Cooking shows

Check out [HRG Media Group](#) on YouTube! Complete with informative and instructional recipe videos! [CLICK HERE to go to HRG YouTube.](#)

Reminder; there are more on our resources blog/ Website; <https://hrgmediaorg.wordpress.com/>



PET FOOD PANTRIES/RESOURCES FOR PETS

- Claws Adopt-63 No. Washington Ave, Bergenfield, (201)768-0200 <http://www.clawsadopt.org>
- Bergen County Animal Shelter-100 United Lane Teterboro, Teterboro, NJ 201-229-4600. Has free food. In some cases they can house your pet while you're at The Center.
- Shelter Our Pets- Phone: 973-506-9696 <http://www.shelterourpets.org/>

BABY PANTRIES

LIGHTHOUSE-809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876

BABY BASICS-PARAMUS MON-FRI (201) 261-2800 CFA- Refer - information area

Bergen County Division of Veterans Services: (201) 336-6325. <http://www.co.bergen.nj.us/veterans>

****Bergen County homeless hotline** 211 24/7.

****Bergen County Homeless prevention hotline** 201-336-6490.

Bergen County CAP Weatherization Assistance Program and USF/LIHEAP 316 State St., Hackensack- 201-488-5100.

Bergen County Board of Social Services *open but only by phone*- 201-368-4200. Services: Food Stamps, General Assistance, TANF, Family Care. **Note:** *If you need to apply for EBT, try to use the online app. This way you are in the system when you have to go over there-* <https://oneapp.dhs.state.nj.us/>

PATH program helps mentally ill & homeless find housing & other things.

(201) 646-0333 various resources for counselors, therapists, doctors, etc. <http://www.cbhcare.com/>

Government sponsored **free phones**-Lifeline Assistance, low income cell phone <http://www.assurancewireless.com/>
<http://www.discoverlifeline.com/reachout-wireless/> <https://www.safelinkwireless.com/Safelink/enroll> lifeline

Homeless Shelters and Halfway Houses:

Center For Hope and Safety (Shelter Our Sisters): Emergency Shelter Program

201-498-9247, or 201-944-9600. Safe and confidential housing 24/7

Homeless and Pregnant Teens:

- **Conklin Youth Shelter Teterboro** 201-336-3953
- **PHASES (BCCAP)** 201-489-6586 in Hackensack
- **Covenant House** 800-999-9999
- **Ramsey hotline** 800-662-2678, 888-323-7436

Family Shelter:

Call Social Services 201-368-4200 or dial 211 to see if you qualify

Eva's Village (Main Facility) 393 Main St Paterson, NJ 973-523-6220
973-247-0143.

Eva's Women's Shelter Jackson Street Paterson, NJ 973-279-1004

Eva's Hope Residence for Mothers and Children Women's Shelter

25 Jackson Street Paterson 973-742-2302

Family Promise of Passaic County Director Catherine S. Boccard

PO Box 1588 Passaic 973-928-6007

Good Shepherd Mission Shelter, 336 Broadway, Paterson, 973-742-9244

Teen Challenge – Substance Use Program – Contact Church Emmanuel at 34 Van
Wettering Place, Hackensack 201-487-8220 ecchackensack@gmail.com

Are you looking for Recovery programs? Some may include free housing within the treatment program. **Emmanuel Christian Church** in Hackensack is the intake site for Teen Challenge, (18 and over) & The Walter Hoving Home for women.

If you need detox, Call the **Access Center**: 800-730-2762. Available 24/7, also for Mental Health services. 230 East Ridgewood Avenue, Paramus, New Jersey 07652.

IS YOUR TOWN STIGMA FREE??

Contact Michele Hart-Loughlin 201-634-2745. Bergen County Department of Health Services
Division of Mental Health: mhartlo@co.bergen.nj.us MH Law Project, Phone: 201-634-2762

You can check out our online newspaper: www.hrgbergencommunitynews.com

HRG Bergen: www.hrgmediaorg.wordpress.com

HRG Passaic: <http://hrgresourceguideofpassaiccounty.zohosites.com/home.html>

HRG Hudson: <http://hrgresourceguideofhudsoncounty.zohosites.com>

Please join us and “LIKE” us on Facebook



On our Facebook page you can find resources and ask our FB Family questions and get answers for resources that you might need! Check us out and interact. We want to make all of our communities better! We have a resource guide online with over 3,500 free resources in Bergen, Hudson, Passaic and Union Counties and soon Mercer County!

All the resources -free clothing, food, shelters and other free things and events in your area are listed, so please join us on Facebook: <https://www.facebook.com/HRG.Resources.News/>

Any questions, email us @ Editor@HrgBergenCommunityNews.com & we will send you our Facebook link. Thank you for using the free resources for any information about us on any social media WWW.HrgBergenCommunityNews.com

Anything in this guide that might be incorrect or if you have any comments, concerns or questions please feel free to call us: 201-357-0828. Fax-201-883-9366. Email us @ (hrg_mediagroup@yahoo.com)



Local news & Resources

Here's the new HRG Guide pocket edition!!

Please note; the communiy meals section is not available until the state determines that it is safe to open.

HRG Resources; "Helping anyone in need"

HRG Resource Guide Pocket Edition 2.1

Some Hackensack food pantries

Mon-Fri, Sat: Emmanuel Christian Church

34 Van Wattering Pl

10 am-12 pm produce market

Tues: River Mission Oasis, 2nd Ref. Church

436 Union St.

11:30 am-1:30 pm

Tues: Trinity Church produce market

218 Passaic St.

Starting at 1:30 pm

Wed: Carver Park product market

Corner of Clay & Second

Sign up starts 7 am

2nd & 4th Thu and Fri: Mt. Olive Food Pantry

260 Central Ave

Starting at 9:30 am

2nd & 4th Sat: Holy Trinity Church pantry

Hill House, 34 Maple Ave

9 am-11 am

Community Meals-anyone in need

Tues: River Mission Oasis 11 am-1 pm

436 Union St.

2nd Sat: Trinity Church 11 am

218 Passaic St.

3rd Sat. odd mos: New Hope Church 11:30 am

214 Berdan Pl.

3rd Sat. even mos: Varick Church 11:30 am

120 Atlantic St.

4th Sat: Mt. Olive Church 11:30 am-1 pm

260 Central Ave

Sundays: Emmanuel Church 10 am

34 Van Wattering Pl

Sundays: River Mission after service at 6 pm

Note: 365 days/yr the BC Housing, Health & Human Services Center (120 S River St.) has free lunch & dinner.



L: 11:30 am-12:30 pm

D: 5 pm-6 pm

HRG Resource Guide Pocket Edition 2.1

HRG Resources: "Helping anyone in need"

Check out our HRG resource and event blog

<http://hrgmediaorg.wordpress.com>

Need housing help?

Need help with more resources?

All information & resources are posted weekly

Our Facebook page:

<http://www.facebook.com/HRG.Resources.News>

For assistance, you can call

The Center:

Bergen County Housing, Health & Human

Services Center

120 So. River St.

Hackensack, NJ 07601

201-336-6475

Want to text or give HRG a call about more
resources for Bergen? 201-357-0828

HOMELESS HOTLINE 211



PLEASE NOTE: during Covid-19, most agencies must be reached online or by phone. Bergen County Covid 19 testing can be found by dialing 211 or going to the County, state covid19 hotlines listed on the above pages (2).